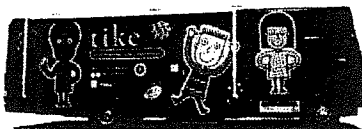


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TIKE IMMUNIZATION CLINICS October 2009						
				1 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	2 Waxter Senior Ctr 1000 Cathedral St 21201 9:00 AM - 1:00 PM FLU ONLY	3
4	5 BCHD Immunization Office 1800 N Charles St Ste 600 - 21201 10:00 AM - 2:00 PM	6 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	7 BCHD Immunization Office 1800 N Charles St Ste 600 - 21201 10:00 AM - 2:00 PM	8 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	9	10
11	12 BCHD Immunization Office 1800 N Charles St Ste 600 - 21201 10:00 AM - 2:00 PM	13 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	14 Lexington Market 400 W. Lexington St 21201 10:00 AM - 2:00 PM FLU ONLY	15 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	16	17
18	19 Esperanza Center 430 S. Broadway St 21231 10:00 AM - 1:00 PM	20 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	21 Baltimore Hebrew 7401 Park Heights Ave 21208 10:00 AM - 4:00 PM FLU ONLY	22 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	23	24 Bethel AME Church 1300 Druid Hill Ave 21217 1 st Corinthians 3512 Powhattan Ave 21216 10:00 AM - 2:00 PM FLU ONLY
25	26 BCHD Immunization Office 1800 N Charles St Ste 600 - 21201 10:00 AM - 2:00 PM	27 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	28 BCHD Immunization Office 1800 N Charles St Ste 600 - 21201 10:00 AM - 2:00 PM	29 BCHD Eastern Health District 620 N Caroline St 21205 9:30 AM - 1:30 PM	30 Hippodrome 12 N. Eutaw St 21201 10:00 AM - 4:00 PM FLU ONLY	31

t.i.k.e.
to immunize kids everywhere



- * FREE SHOTS
- * NO APPOINTMENT - "FIRST COME, FIRST SERVE"
- * PLEASE BRING YOUR CHILD'S VACCINATION RECORDS
- * SCHEDULE SUBJECT TO CHANGE
- * **QUESTIONS? CALL 410-396-4454**

BALTIMORE CITY HEALTH DEPARTMENT
[HTTP://BALTIMOREHEALTH.ORG](http://BALTIMOREHEALTH.ORG)

2009-2010 ACE Coalition &
Baltimore City Health Department
Flu Clinic Schedule

Free Flu Shots

Immunize Against the Flu for a Happier, Healthier You!

SEPTEMBER 2009

Friday, September 25; 10 am – 4 pm
Poly/Western High School
1400 W Cold Spring Lane - 21209

*SEASONAL VACCINES
ONLY*

OCTOBER 2009

Friday, October 2; 9 am – 1 pm
Waxter Center for Senior Citizens
1000 Cathedral St – 21201

Saturday, October 24; 10 am – 2 pm
Bethel AME Church
1300 Druid Hill Ave - 21217

Wednesday, October 14; 10 am – 2 pm
Lexington Market
400 W Lexington St – 21201

Saturday, October 24; 10 am – 2 pm
First Corinthians Baptist Church
3512 Powhatan Ave - 21216

Wednesday, October 21; 10 am – 4 pm
Baltimore Hebrew
7401 Park Heights Ave - 21208

Friday, October 30; 10 am – 4 pm
The Hippodrome Theatre-Roll Up Your Sleeve Event
12 N Eutaw St - 21201

NOVEMBER 2009

Friday, November 6; 10 am – 2 pm
Enoch Pratt Public Library
400 Cathedral St – 21201

Thursday, November 19; 10 am – 4 pm
Baltimore Hebrew
7401 Park Heights Ave - 21208

Tuesday, November 10; 10 am – 4 pm
Oriole Park at Camden Yards – Warehouse 6th Fl
333 W. Camden St - 21201

Friday, November 20; 9 am – 1 pm
Waxter Center for Senior Citizens
1000 Cathedral St - 21201

DECEMBER 2009

Wednesday, December 9; 10 am – 4 pm
Palladium
2900 Liberty Heights Ave - 21215

Friday, December 11; 10 am – 2 pm
Enoch Pratt Public Library
400 Cathedral St – 21201

Friday, December 18; 9 am – 1 pm
Waxter Center for Senior Citizens
1000 Cathedral St - 21201



*Medicare Part B Pays for the Flu Shot
Don't Forget Your Medicare Card
Baltimore City Health Department
Bureau of Child Health & Immunizations
Questions: 410-396-4454*



Recommendations for H1N1

Priority Groups Recommended to Receive the H1N1 Vaccine

- Pregnant women because they are at higher risk for complication and can potentially provide protection to infant who cannot be vaccinated
- Contacts and caregivers for children under the age of 6 months because infants under the age of 6 months cannot receive the vaccine and are at risk for complications from influenza
- Healthcare and emergency medical personnel
- People ages 6 months to 24 years old
- Persons age 25 through 64 years old that have medical conditions associated with high risk complications from influenza

<http://flu.gov/individualfamily/vaccination/index.html>

Are There Ways to Prevent the Spread of H1N1 Other Than Vaccination?

Take everyday actions to stay healthy.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. If soap and water are not available, use an alcohol-based hand rub.*
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

Follow public health advice regarding school closures, avoiding crowds and other social distancing measures. These measures will continue to be important after a 2009 H1N1 vaccine is available because they can prevent the spread of other viruses that cause respiratory infections.

http://cdc.gov/h1n1flu/vaccination/public/vaccination_qa_pub.htm